

Bulldogs Perform at Regional Cross Country

By Judy Rogers

The Golden Plains High School Cross Country team competed at Regionals in Meade on October 21. The Dogs all performed well with senior Emma Weiner winning the championship for the fourth consecutive year.

Weiner ran a season best time of 19:59.70 to win the race. She will run at the state meet in Wamego on October 28. She placed third at state as a freshman and won the state championship the past two years. “It’s definitely been a goal for me to qualify for state all four years of high school,” said Weiner. “It’s been a tough season but it felt good to set a season PR. I plan to give it all I have for my last high school race!”

All four of the boys on the team also ran at regionals. Junior Owen Patmon set a PR of 20:33.90. Patmon has set a new PR at every meet this season. “I am proud to have improved my time at each meet this season,” said Patmon. “I hope to continue to improve my times as a senior next year to qualify for the state meet.” Freshman Roberto Araux also set a PR at regionals with a time of 21:15.80. “I worked hard all season to bring my time down,” said Araux. “It felt good to set a PR again at Regionals.”

Sophomore Ezekiel Weiner ran a 19:41.00—just 2 seconds off his PR and just 2 spots shy of qualifying for state. “It was a good season,” said Weiner. “Everyone improved so much. I hope to continue to improve next year to make it to state.” Sophomore Tanner Black ran a 24:49.40 at regionals. “I was pleased with how I ran this season,” said Black. “I improved a lot throughout the season.” His best time was at the Hoxie Invitational with a 24:30.4 run.